

５．最近の生活の記録

生活の状況や利用している福祉サービスなどについてお書き下さい。

記入日（ 年 月 日）

* 大まかな生活リズム

□仕事･活動のある日

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| 翌日  ０時 ６時 12 時 18 時 ０時 | | | | | | | | | | | | | | | | | | | | | | | |
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□休みの日

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| 翌日  ０時 ６時 12 時 18 時 ０時 | | | | | | | | | | | | | | | | | | | | | | | |
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* 福祉サービスの利用

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| 福祉サービス | 事業所名 |
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* 支援の関係機関・相談機関など

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| 支援の関係機関 | 担当者名 | 主な相談内容 |
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